

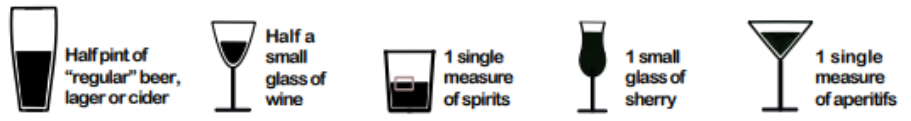
# DOES MY DAUGHTER HAVE AN ALCOHOL PROBLEM?

## Alcohol Use Disorder Identification Test (AUDIT)

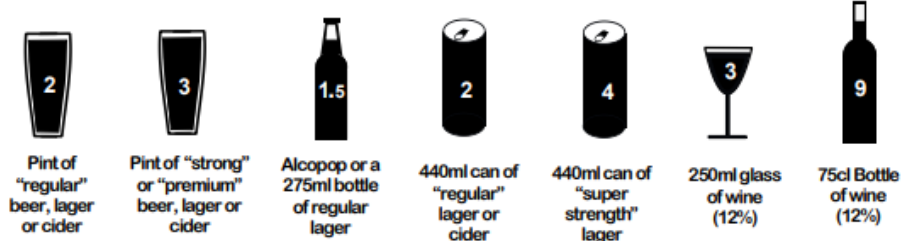
AUDIT is a comprehensive 10 question alcohol harm screening tool. It was developed by the World Health Organisation (WHO) and modified for use in the UK and has been used in a variety of health and social care settings.

### ALCOHOL UNIT REFERENCE

One Unit of Alcohol



Drinks containing more than a single unit



QUESTIONS	SCORING SYSTEM					YOUR SCORE
	0	1	2	3	4	
How often does your daughter have a drink containing alcohol?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 times or more per week	
How many units of alcohol does your daughter drink on a typical day when she is drinking?	0 to 2	3 to 4	5 to 6	7 to 9	10 or more	
How often has your daughter had 6 or more units on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your daughter found that she was not able to stop drinking once she had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your daughter failed to do what was normally expected of her because of her drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your daughter needed an alcoholic drink in the morning to get herself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your daughter had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your daughter been unable to remember what happened the night before because she had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Has your daughter or somebody else been injured as a result of your daughters drinking?	No		Yes, but not in the last year		Yes, during the last year	
Has a relative or friend, doctor or other health worker been concerned about your daughters drinking or suggested that she cut down?	No		Yes, but not in the last year		Yes, during the last year	
<b>TOTAL AUDIT SCORE</b>						

### HOW TO SCORE

- 0 - 7 indicates low risk
- 8 to 15 indicates increasing risk
- 16 to 19 indicates higher risk
- 20 or more indicates possible dependence

