

DOES MY SON HAVE AN ALCOHOL PROBLEM?

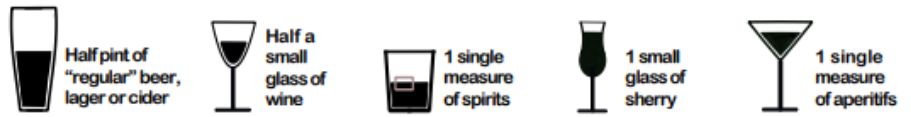


Alcohol Use Disorder Identification Test (AUDIT)

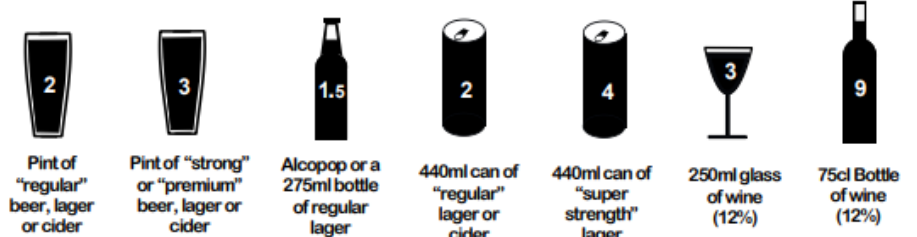
AUDIT is a comprehensive 10 question alcohol harm screening tool. It was developed by the World Health Organisation (WHO) and modified for use in the UK and has been used in a variety of health and social care settings.

ALCOHOL UNIT REFERENCE

One Unit of Alcohol



Drinks containing more than a single unit



QUESTIONS	SCORING SYSTEM					YOUR SCORE
	0	1	2	3	4	
How often does your son have a drink containing alcohol?	Never	Monthly or less	2 to 4 times per month	2 to 3 times per week	4 times or more per week	
How many units of alcohol does your son drink on a typical day when he is drinking?	0 to 2	3 to 4	5 to 6	7 to 9	10 or more	
How often has your son had 8 or more units on a single occasion in the last year?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your son found that she was not able to stop drinking once he had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your son failed to do what was normally expected of him because of his drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your son needed an alcoholic drink in the morning to get himself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your son had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
How often during the last year has your son been unable to remember what happened the night before because he had been drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
Has your son or somebody else been injured as a result of your sons drinking?	No		Yes, but not in the last year		Yes, during the last year	
Has a relative or friend, doctor or other health worker been concerned about your sons drinking or suggested that he cut down?	No		Yes, but not in the last year		Yes, during the last year	
TOTAL AUDIT SCORE						

HOW TO SCORE

- 0 - 7 indicates low risk
- 8 to 15 indicates increasing risk
- 16 to 19 indicates higher risk
- 20 or more indicates possible dependence

